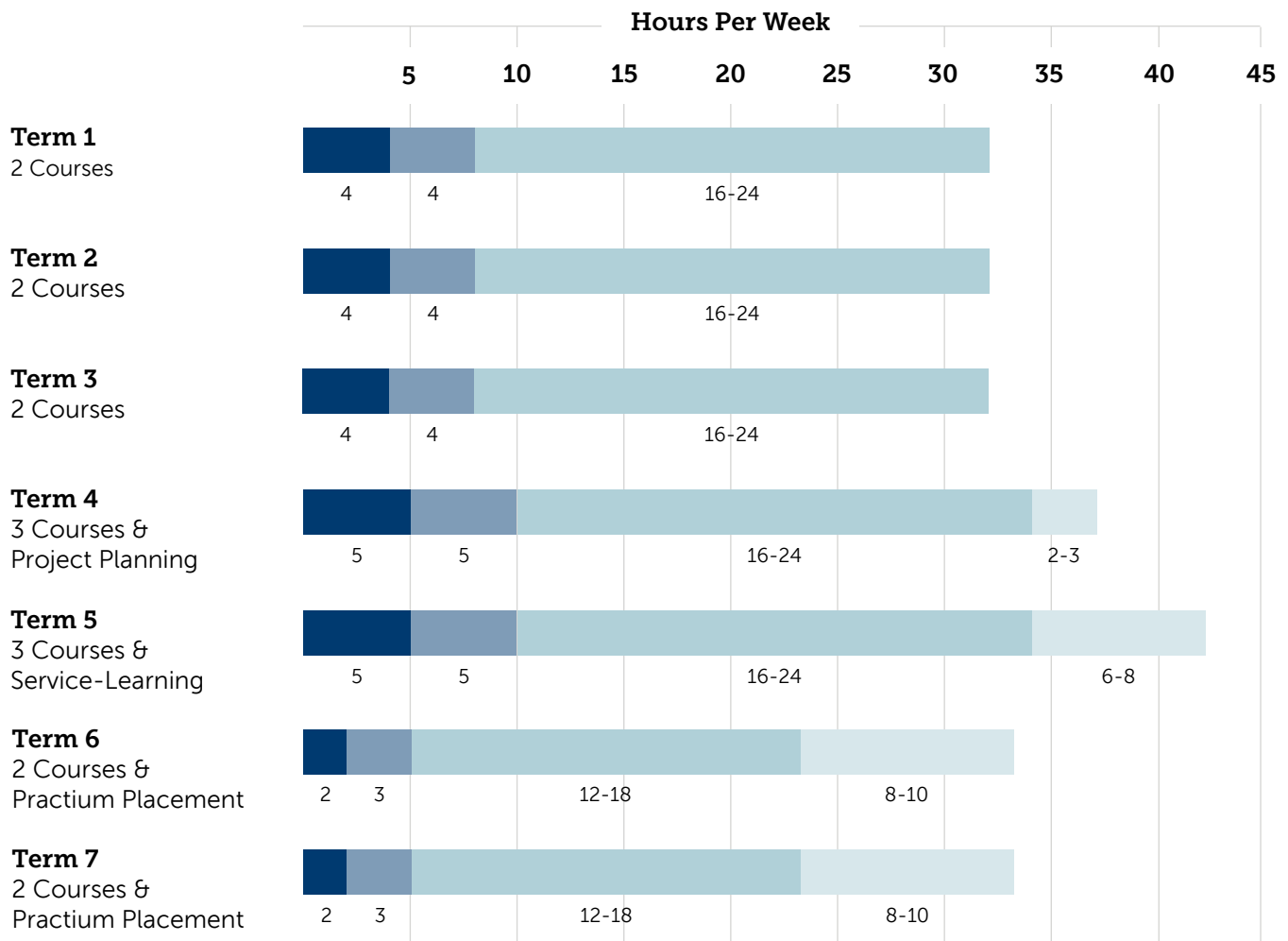


## Planning Your Studies

The table below represents how many hours per week you can expect to dedicate to the Master of Public Health online program.



**Note:** In addition to time spent on the above tasks, you will have to attend occasional mandatory webinars that prepare you for the Health Equity Change Project and the two immersions. You will also need to spend time preparing for and attending immersions. Preparatory work may include course readings and assignments. The terms in which students complete immersions, and how long the immersions last, vary.