



## Develop the Leadership and Advocacy Skills to Tackle Health Inequities through Simmons' Online MPH Program

**45**

Total Credit Hours

**21**

Months to Complete

**2**

Public Health Immersions

### Become a Public Health Leader and Improve Population Health

- Develop critical analytical and methodological skills to address entrenched, systemic determinants of health inequity.
- Gain leadership and community mobilization skills to positively impact public health at local, national, and global levels.
- Gain hands-on experience by designing, implementing, and evaluating a community public health initiative as part of a health equity change project.
- Learn from distinguished educators and public health leaders who are devoted to and actively engaged in improving population health.
- Network with your classmates and professors during in-person immersions that provide on-ground public health experience in domestic and international settings.
- Founded in 1899, Simmons University is grounded in a history of commitment to social justice.
- Simmons University is an applicant for accreditation through the Council on Education for Public Health (CEPH).

**“MPH@Simmons’ commitment to health equity is paramount throughout the curriculum. This clear focus is a call to action that will help students emerge as changed leaders ready to address the crisis of health inequity in the U.S.”**

**–Rebekah Gewirtz**  
former Executive Director,  
Massachusetts Public Health  
Association



## Health Equity Change Project

During the final two terms in the program, you will complete a culminating health equity practice experience in your community. Through the Health Equity Change Project, you will:

- Choose a local health inequity that is meaningful to you to be the focus of the project.
- Identify and partner with an organization that addresses health inequity in your community.
- Analyze this inequity to understand the issues surrounding it and points of intervention.
- Design a project proposal that will address that health inequity.
- Implement and evaluate your project in close collaboration with your host organization and community partners.
- Develop a final e-portfolio featuring your applied public health skill set and attainment of program competencies.

## Public Health Immersions

Over the course of the program, you will participate in two multiday immersions, one on the Simmons campus in Boston and one destination immersion in a U.S. or international city. This type of collaborative, on-ground experience is sought by employers and will give you the opportunity to network with classmates and professors as well as apply your skills in practical settings. You will experience different cultures and learn about their health systems and health equity challenges firsthand as you develop leadership skills targeted to social change.

**“Simmons is picking up on the most important lesson of 19th and 20th-century medicine: our focus should be public health and equity in care delivery.”**

– Paul Farmer,  
former Simmons Friars Leader  
and Partners in Health Co-Founder

## APHA Student Membership

As a Simmons MPH student, you will receive a membership to the American Public Health Association. Benefits of a membership include:

- Networking through the worlds largest public health professional organization
- Advocacy opportunities through professional interest groups
- Access to career development resources

